

Terms and Conditions

This Agreement is entered into by and between: Zsuzsanna Kovacs (Suzanna Kovacs Klein) and her Clients whereby Coach agrees to provide Coaching and Yogatherapy Services for Client focusing on the following topics/results/outcomes/goals attached to this Agreement as Schedule

1. A. Description of Coaching: Coaching is partnership (defined as an alliance, not a legal business partnership) between the Coach and the Client in a thought-provoking and creative process that inspires the client to maximize personal and professional potential. It is designed to facilitate the creation/development of personal, professional or health goals and to develop and carry out a strategy/plan for achieving those goals.

B. Client is solely responsible for creating and implementing his/her own physical, mental and emotional well-being, decisions, choices, actions and results arising out of or resulting from the coaching relationship and his/her coaching calls and interactions with the Coach. As such, the Client agrees that the Coach is not and will not be liable or responsible for any actions or inaction, or for any direct or indirect result of any services provided by the Coach. Client understands coaching is not therapy and does not substitute for therapy if needed, and does not prevent, cure, or treat any mental disorder or medical disease.

The Client declares that he or she participating in the Courses and Programmes held by Suzanna (Zsuzsanna) Kovacs of his or her own free will, and therefore he or she acknowledge that he or she is responsible for any personal injury he or she suffers during the sessions. He or she further acknowledge that the suggested lifestyle changes will affect each individual differently and that the change and the way the recommendations are followed cannot be monitored, so he or she also responsible for any other changes in his or her health. He or she have informed Zsuzsanna Kovacs of the existence of any illness.

C. Client further acknowledges that he/she may terminate or discontinue the coaching relationship at any time. D. Client acknowledges that coaching is a comprehensive process that may involve different areas of his or her life, including work, finances, health, relationships, education and recreation. The Client agrees that deciding how to handle these issues, incorporate coaching

principles into those areas and implementing choices is exclusively the Client's responsibility.

E. Client acknowledges that coaching does not involve the diagnosis or treatment of mental disorders as defined by the American Psychiatric Association and that coaching is not to be used as a substitute for counseling, psychotherapy, psychoanalysis, mental health care, substance abuse treatment, or other professional advice by legal, medical or other qualified professionals and that it is the Client's exclusive responsibility to seek such independent professional guidance as needed.

If Client is currently under the care of a mental health professional, it is recommended that the Client promptly inform the mental health care provider of the nature and extent of the coaching relationship agreed upon by the Client and the Coach.

F. The Client understands that in order to enhance the coaching relationship, the Client agrees to communicate honestly, be open to feedback and assistance and to create the time and energy to participate fully in the program.

2) Services

The parties agree to engage in The Coaching/Yogatherapy Program or Course through (describe method(s), e.g., inperson, internet, telephone) meetings. Coach will be available to Client by e-mail and voicemail in between scheduled meetings as defined by the Coach (describe those terms here). Coach may also be available for additional time

3) Schedule and Fees

The time of the coaching meetings and/or location will be determined by Coach and Client based on a mutually agreed upon time. The Client will initiate all scheduled calls and will call the Coach at the following number for all scheduled meetings xxx-xxx-xxxx. If the Coach will be at any other number for a scheduled call, Client will be notified prior to the scheduled appointment time.

He or she acknowledge that the amount paid for the Course or Program will be deducted 72 hours prior to the start of the Course or Program, the amount paid for the Course or Program will not be refunded and the date and time of the sessions cannot be modified (only in very justified cases, on the basis of an individual request).

4) Confidentiality This coaching relationship, as well as all information (documented or verbal) that the Client shares with the Coach as part of this relationship, is bound by the principles of confidentiality set forth in the ICF Code of Ethics. However, please be aware that the Coach-Client relationship is not considered a legally confidential relationship (like the medical and legal professions) and thus communications are not subject to the protection of any legally recognized privilege. The Coach agrees not to disclose any information pertaining to the Client without the Client's written consent. The Coach will not disclose the Client's name as a reference without the Client's consent. Confidential Information does not include information that: (a) was in the Coach's possession prior to its being furnished by the Client; (b) is generally known to the public or in the Client's industry; (c) is obtained by the Coach from a third party, without breach of any obligation to the Client

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